

# How to Clean & Disinfect for Norovirus (“Stomach Bug”)



**THESE DIRECTIONS SHOULD BE USED TO RESPOND TO ANY VOMITING OR DIARRHEA ACCIDENT**

**Note:** Anything that has been in contact with vomit or diarrhea should be discarded or disinfected.

## Step 1: Clean

**Remove vomit or diarrhea right away!**

1. Wear protective clothing, such as disposable gloves, an apron and/or mask
2. Pick/wipe up vomit or diarrhea with paper towels
3. Use kitty litter, baking soda or other absorbent material on carpets and upholstery to absorb liquid—do not vacuum
4. Pick up the waste using paper towels, and dispose of paper towel/waste in a plastic trash bag or biohazard bag
5. Use the **Viking Pure Cleaning Solution** to surfaces that contacted the vomit or diarrhea and all nearby high-touch surfaces, such as doorknobs and toilet handles
6. Wipe dry with microfiber or paper towels



**DON'T STOP HERE: Germs can remain on surfaces even after cleaning!**

## Step 2: Disinfect

7. Spray surfaces with the **Viking Pure Disinfecting Solution**
8. Let the solution sit for 1 minute to ensure complete disinfection
9. Allow the surfaces to air dry, or wipe dry with a microfiber cloth after 1 minute



## Step 3: Wash your hands thoroughly with soap and water

Hand sanitizers may not be effective against norovirus



**Scan this QR code for more information on norovirus prevention!**



## Facts about Norovirus

Norovirus is the leading cause of outbreaks of diarrhea and vomiting in the US, and it spreads quickly.

Norovirus spreads by contact with an infected person or by touching a contaminated surface or eating contaminated food or drinking contaminated water. Norovirus particles can even float through the air and then settle on surfaces, spreading contamination.

Norovirus particles are extremely small and billions of them are in the stool and vomit of infected people.

Any vomit or diarrhea may contain norovirus and should be treated as though it does.

**People can transfer norovirus to others for at least three days after being sick.**

## Benefits of Viking Pure Cleaning & Disinfecting Solutions:

1. GreenSeal certified
2. Multi-surface safe—WoolSafe & CleanSeal certified
3. EPA-registered List N
4. More powerful than bleach
5. Replace 95%+ of your cleaning supply inventory
6. On-site generated
7. Salt-free process—non-corrosive

